

# CERTIFICATE

## OF PARTICIPATION

This is to certify that

**Richard Friend**

Has successfully participated & completed the

**Standard GO Sport Road Duathlon**

held at Witpoort Laerskool.

**TIME 02:58:57**

**PACE 18.44km/h**

**GENDER 24 of 31**

**OVERALL 30 of 43**

**35 TO 39 4 of 5**

28 May 2017, Sun

Date

*BoutTime*

Signature